

Sport Physical Information

- Each Sport Candidate needs to have a Sport Physical every school year. **Free Sport Physicals will be provided once yearly during the summer at Lake-Lehman Jr. Sr. High School.**
- If you choose to have a physical completed by your personal physician, it **also** must be completed on **the official sport physical form of the Pennsylvania Interscholastic Athletic Association.**
- These forms are available in the Lake-Lehman Jr. Sr. High School main office, nurse's office and the website of the Lake-Lehman School District.
- If your student chooses to play an additional sport during the winter and/or spring seasons, they will NOT need another physical. However, they need a Recertification form to be completed by the parent/guardian. These forms can only be obtained in the nurse's office at the Jr. Sr. High School.
- Physical forms or Recertification forms can only be returned to the Jr. Sr. High School nurse or Athletic Trainer to be processed.
- **Forms are not collected by coaches.**