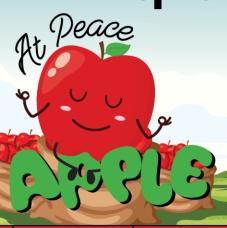
### **Lake Lehman School District** Elementary Breakfast Menu

# September 2025





|   | White and the same  |   |   |  |
|---|---|---|---|--|
| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
| 1   | 2   | 3   | 4   | 5  |
|   | Breakfast Pizza   | Egg & Cheese<br>Croissant                                     | Chocolate Chip<br>French Toast                            | Strawberries & Cream<br>Overnight Oats Cup<br>with Graham Crackers |
|   | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers     | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers          |
| 8   | 9   | 10  | 11  | 12   |
| Glazed Dunkin Sticks                                      | Breakfast Pizza   | Strawberries & Cream<br>Smoothie Bowl<br>with Graham Crackers | French Toast Sticks<br>with Syrup                         | Dutch Waffle   |
| Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers     | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers          |
| 15  | 16  | 17  | 18  | 19   |
| Mini Maple Pancakes                                       | Breakfast Pizza   | Egg, Sausage & Cheese<br>Maple Flatbread                      | Chocolate Chip<br>French Toast                            | Apple Strudel  |
| Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers     | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers          |
| 22  | 23  | 24  | 25  | 26   |
| Mini Cinni Rolls  | Breakfast Pizza   | Apple Pie Smoothie Bowl<br>with Graham Crackers               | French Toast Sticks<br>with Syrup                         | Breakfast Banana Split<br><mark>Early Dismissal</mark>             |
| Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers     | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers          |
| 29  | 30  | 1   | 2   | 3  |
| Mini Maple Pancakes                                       | Breakfast Pizza   |   |   |  |
| Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers | Assorted Cereals<br>or Cereal Bar<br>with Graham Crackers |   |   |  |

#### What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

## Whole Grain Cereals (served with graham crackers)

Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

#### **Choice of Fruit**

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

#### Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free vanilla,

#### **Your Team**

Kaitlin Hannigan, General Manager 570.675.7458 ext. 2799 ma1124@metzcorp.com

#### **Meal Prices**

Student Breakfast \$0.00 Reduced Breakfast \$0.00 Faculty Breakfast \$2.94



