

Lake-Lehman Jr/Sr Lunch Menu September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
9/5/22 <u>No School</u>	9/6/22 Chicken Tenders with a Dinner Roll J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Cheesy Cauliflower Choice of Fruit Choice of Milk	9/7/22 BBQ Rib Sandwich or Chili Dog J. Clarkes Grille Spicy Chicken Patty on a Bun Featured Veggie: Curly Fries Choice of Fruit Choice of Milk	9/8/22 Pierogies with Butter & Onions Served with a Dinner Roll J. Clarkes Grille Chicken Patty on a Bun Featured Veggie: Peas Choice of Fruit Choice of Milk	9/9/22 Buffalo Chicken Jacked Up Fries J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: French Fries Choice of Fruit Choice of Milk
9/12/22 Philly Cheesesteak Hoagie or Sausage & Peppers Hoagie J. Clarkes Grille Chicken Patty on a Bun Featured Veggie: Buffalo Cauliflower Choice of Fruit Choice of Milk	9/13/22 Taco Bar Choice of Protein Choice of Flour or Corn Tortillas Served with Salsa, Sour Cream & Shredded Cheddar J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Corn Choice of Fruit Choice of Milk	9/14/22 Swedish Meatballs with Gravy Served with a Dinner Roll or Chicken Tenders Served with a Dinner Roll J. Clarkes Grille Spicy Chicken Patty on a Bun Featured Veggie: Mashed Potatoes Choice of Fruit Choice of Milk	9/15/22 Spicy Asian Noodle Bowl with Choice of Protein Served with Chow Mein Noodles J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Steamed Broccoli Choice of Fruit Choice of Milk	9/16/22 Villa Toscana Pizza Choice of Pizza J. Clarkes Grille Chicken Patty on a Bun Featured Veggie: French Fries Choice of Fruit Choice of Milk
9/19/22 Pulled Pork with Gravy Served with a Dinner Roll or Sloppy Joe on a Bun J. Clarkes Grille Chicken Patty on a Bun Featured Veggie: Green Beans Choice of Fruit Choice of Milk	9/20/22 Quesadilla Bar Choice of Chicken & Cheese or Buffalo Chicken J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Mixed Vegetables Choice of Fruit Choice of Milk	9/21/22 Scratch-Made Mac & Cheese Bar Regular or Buffalo Chicken J. Clarkes Grille Spicy Chicken Patty on a Bun Featured Veggie: Mashed Potatoes Choice of Fruit Choice of Milk	9/22/22 Grilled Cheese Bar Choice of Regular or Bacon J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Tomato Soup Choice of Fruit Choice of Milk	9/23/22 Steak and Cheese Jack'd Up Fries J. Clarkes Grille Chicken Patty on a Bun Featured Veggie: French Fries Choice of Fruit Choice of Milk
9/26/22 General Tso's Chicken Served with Brown Rice J. Clarkes Grille Chicken Patty on a Bun Featured Veggie: Steamed Broccoli Choice of Fruit Choice of Milk	9/27/22 Buffalo Chicken Dip with Tortilla Chips Served with Salsa & Sour Cream J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Corn Choice of Fruit Choice of Milk	9/28/22 Cowboy Burger with Onion Rings, Cheddar Cheese and BBQ Sauce J. Clarkes Grille Spicy Chicken Patty on a Bun Featured Veggie: French Fries Choice of Fruit Choice of Milk	9/29/22 Cheese Ravioli with Marinara Sauce and a Garlic Breadstick J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Ranchero Carrots Choice of Fruit Choice of Milk	9/30/22 Villa Toscana Pizza Choice of Pizza J. Clarkes Grille Chicken Patty on a Bun Featured Veggie: French Fries Choice of Fruit Choice of Milk
10/3/22 Meatball Hoagie or Buffalo Chicken Hoagie J. Clarkes Grille Chicken Patty on a Bun Featured Veggie: Glazed Carrots Choice of Fruit Choice of Milk	10/4/22 Nachos Grande Choice of Protein Served with Cheese Sauce, Salsa, Sour Cream & Shredded Cheddar J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Mixed Vegetables Choice of Fruit Choice of Milk	10/5/22 Bruschetta Chicken Sandwich or Pork BBQ Sandwich J. Clarkes Grille Spicy Chicken Patty on a Bun Featured Veggie: Mashed Potatoes Choice of Fruit Choice of Milk	10/6/22 Pasta Bar Choice of Pasta Choice of Sauce Served with a Garlic Breadstick J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Steamed Peas Choice of Fruit Choice of Milk	10/7/22 BBQ Pork Jack'd Up Fries J. Clarkes Grille Chicken Patty on a Bun Soft Pretzel Featured Veggie: French Fries Choice of Fruit Choice of Milk

USDA National School Lunch Requirements

Students are encouraged to take all 5 of the different components offered; however, it is required they take a minimum of 3 different components. One of those components must be a fruit and/or vegetable

Whether students take 3, 4 or 5 of the components, the meal will be the same price. This allows students to build a healthy meal by selecting 3 to 5 different food groups.



Meal Prices

Student Price \$2.25
Adult Price \$3.50

VILLA TOSCANA

Pizza Options May Include:

- Plain
- Pepperoni
- Sausage
- Buffalo Chicken
- White
- Specialty

All options served with choice of fruit, vegetable and milk



A variety of grab & go sandwiches and salads made fresh daily.
Low fat dressing available.
Served with fruit & milk



Monday: Chicken Patty
Tuesday: Hamburger or Cheeseburger
Wednesday: Spicy Chicken Patty
Thursday: Hamburger or Cheeseburger
Friday: Chicken Patty

General Manager:
Sarah Walsh

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This institution is an equal opportunity provider

*Menu subject to change due to vendor availability



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online account payments, transaction details,
menus & free and reduced applications
(applications may be filled)