

# **Lake-Lehman Guidance Curriculum**

**Grades 7-12**

**Career and Personal/Social Standards**

## 7th Grade Career:

Goal: Finding self-awareness as an independent student

PACEW Standards:

13.1.A.7 Abilities/Aptitudes

13.1.B.7 Personal Interests

Activity:	Objective	Outcome	Link
<b>Interest Profiler:</b>	Students will understand that knowing their interests can help them make better career decisions. Students will expand their views of their personal interests and learn how those interests are related to career success and job satisfaction.	Use their assessment results to create a list of careers that matches their interest profile.	Choices360 <a href="https://www.choices360.com/Career/InterestProfiler/IPStart">https://www.choices360.com/Career/InterestProfiler/IPStart</a>
<b>Basic Skills Survey:</b>	The goal of this survey is to help students assess their basic skills and match them to career options.	Knowing more about your skills helps you figure out which skills need more development to achieve your career goals.	Choices360 <a href="https://www.choices360.com/Career_Planning/Learn_About_Yourself/Basic_Skills_Survey/Basic_Skills_Survey.aspx">https://www.choices360.com/Career_Planning/Learn_About_Yourself/Basic_Skills_Survey/Basic_Skills_Survey.aspx</a>
<b>Learning Styles Inventory:</b>	Students will discover their individual learning style (Visual, Auditory, Read/Write, Tactile). They will apply this knowledge in the classroom setting and be able to better their study habits/learning techniques.	When matched, students will see a noticeable difference in their ability to retain and recall viable information. They will develop study habits that they can carry with them throughout their academic career.	<a href="http://vark-learn.com/the-vark-questionnaire/">http://vark-learn.com/the-vark-questionnaire/</a>

## 7th Grade Personal/Social:

Goal: Students will learn the necessary coping skills, social skills, and personal improvement skills.

ASCA Standards:

**PS.A1.7** Personal Boundaries, Rights, and Privacy

**PS.A1.8** Self Control

**PS.A1.11** Personal and Social Roles

**PS.A2.1** Rights and Responsibilities

**PS.A2.2** Respect Alternative Points of View

**PS.A2.6** Effective Communication Skills

**PS.A2.7** Awareness of Different Methods of Communication

**PS.B1.4** Coping Skills

**PS.B1.5** Problem Solving and Decision Making Skills

<b>Activity</b>	<b>Objective</b>	<b>Outcome</b>
<b>Coping Skills Bingo</b>	Students will be given 99 coping skills to discuss and understand better. A discussion of what coping is and when to use will take place.	Students will choose at least one coping skill to utilize when needed.
<b>Grade Level Discussion</b>	Students will discover the differences in maturity levels, fears, goals, and excitements.	Students will know how to navigate through their grade level.
<b>Introduction to Guidance</b>	Through lecture, students learn what and where guidance is located, what is appropriate for class v. one-on-one, and rights and responsibilities of students.	Students will be able to relay important information regarding guidance to peers and know when guidance is necessary.

**8th Grade Career:**

Goal: Utilizing Choices360, students will complete the 3 part activity entitled: "School 2 Work 2 College." Students will have an idea of the career cluster they match with and which path they are interested in.

PACEW Standards:

**13.2.D.8** Develop an Individualized Career Plan

**13.3.A.8** Determine Attitudes and Work Habits that Support Career Retention and Advancement

<b>Activity:</b>	<b>Objective</b>	<b>Outcome</b>	<b>Link</b>
<b>Directions After High School:</b>	Students will be able to learn the difference between their choices after high school. They will research each category listed (2-year college, 4-year college, apprenticeship, career or technical school, military, straight to workforce)	Students will choose which career pathway they are most interested in and describe why. They will map out future possibilities by learning about the careers, programs and courses in the Career Clusters you like best.	Choices360 <a href="https://www.choices360.com/Portfolio/MiddleSchool/Main">https://www.choices360.com/Portfolio/MiddleSchool/Main</a>
<b>Career Clusters Map:</b>	Map out future possibilities by learning about the careers, programs and courses in the Career Clusters you like best.	Students will be able to narrow down a career cluster they are interested in.	Choices360 <a href="https://www.choices360.com/Portfolio/MiddleSchool/Main">https://www.choices360.com/Portfolio/MiddleSchool/Main</a>
<b>Career Clusters Survey:</b>	Learn how the activities you like, your personal qualities, and your favorite subjects are related to Career Clusters.	Students will receive their matching career clusters, based on their responses to the survey.	Choices360 <a href="https://www.choices360.com/Portfolio/MiddleSchool/Main">https://www.choices360.com/Portfolio/MiddleSchool/Main</a>
<b>Learning Styles Inventory:</b>	Students will discover their individual learning style (Visual, Auditory, Read/Write,	When matched, students will see a noticeable difference in their ability to	<a href="http://vark-learn.com/the-vark-questionnaire/">http://vark-learn.com/the-vark-questionnaire/</a>

	Tactile). They will apply this knowledge in the classroom setting and be able to better their study habits/learning techniques.	retain and recall viable information. They will develop study habits that they can carry with them throughout their academic career.	
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### 8th Grade Personal/Social:

Goal: Students will discover ways to be an appropriate friend and discover the ways in which they have matured from grade levels.

ASCA Standards:

- PS.A1.6** Appropriate and Inappropriate behavior
- PS.A1.9** Demonstrate Cooperative Behavior in Groups
- PS.A1.11** Identify Changing Personal and Social Roles
- PS.A2.3** Respecting Personal Differences
- PS.A2.6** Effective Communication Skills
- PS.A2.7** Awareness of Different Methods of Communication
- PS.B1.2** Understand Consequences of Decisions and Choices

<b>Activity</b>	<b>Objective</b>	<b>Outcome</b>
<b>Social Media/Bullying</b>	Students will discuss what bullying means and the steps to take if it occurs. Students will learn the safety concerns related to social media.	Students will understand how to handle social media and personal incidents appropriately.
<b>Grade Level Discussion</b>	Students will discover the differences in maturity levels, fears, goals, and excitements.	Students will know how to navigate through their grade level.

**9th Grade Career:**

Goal: Students will complete self-discovery activities in order to better understand their direction after school.

PACEW Standards:

**13.1.A.9** Relate Careers to Individual Interests, Abilities, and Aptitudes

**13.1.B.9** Analyze Career Options Based on Personal Interests, Abilities, Aptitudes, Achievements, and Goals

**13.2.C.9** Career Acquisition Documents

**13.2.D.9** Career Planning Portfolios

**13.2.E.9** Career Acquisition Process

Activity	Objective	Outcome	Link
<b>Work Values Sorter:</b>	Students will discover the work values they hold and match them to careers.	Students will be able to see what careers match the best, based on their values.	Choices360: <a href="https://www.choices360.com/Career_Planning/Learn_About_Yourself/Work_Values_Sorter/Work_Values_Sorter.aspx">https://www.choices360.com/Career_Planning/Learn_About_Yourself/Work_Values_Sorter/Work_Values_Sorter.aspx</a>
<b>Transferable Skills Checklist:</b>	Students will figure out what transferable skills they have now – or which ones they plan on developing – and match them to career options.	Students will match their skills to their career choices.	Choices360: <a href="https://www.choices360.com/Career_Planning/Learn_About_Yourself/Transferable_Skills_Checklist/Transferable_Skills_Checklist.aspx">https://www.choices360.com/Career_Planning/Learn_About_Yourself/Transferable_Skills_Checklist/Transferable_Skills_Checklist.aspx</a>
<b>Career Key:</b>	The Career Key will help you learn about yourself and careers that might fit you.	You will answer a few questions about yourself in 5 categories then see your personality types (or interest areas) and discover related careers.	Choices360: <a href="https://www.choices360.com/Career_Planning/Learn_About_Yourself/Career_Key/Transition_Career_Key.aspx">https://www.choices360.com/Career_Planning/Learn_About_Yourself/Career_Key/Transition_Career_Key.aspx</a>
<b>Learning Styles Inventory:</b>	Students will discover their individual learning style (Visual, Auditory, Read/Write, Tactile). They will apply this knowledge	When matched, students will see a noticeable difference in their ability to retain and recall viable information.	<a href="http://vark-learn.com/the-vark-questionnaire/">http://vark-learn.com/the-vark-questionnaire/</a>

	in the classroom setting and be able to better their study habits/learning techniques.	They will develop study habits that they can carry with them throughout their academic career.	
<b>H.S. Transition Plan/Plan of Study:</b>	Students will use inventories for the high school transition plan/plan of study	This document will be filled out annually to have a completed resume and brag sheet for a college transition.	Choices360: <a href="https://www.choices360.com/Your_Portfolio/High_School_Planning/_default.aspx">https://www.choices360.com/Your_Portfolio/High_School_Planning/_default.aspx</a>

### 9th Grade Personal/Social:

Goal: Students will learn how to navigate the high school transition.

ASCA Standards:

**A1.11** Identify Changing Personal and Social Roles

**A2.6** Effective Communication Skills

**A2.7** Awareness of Different Methods of Communication

<b>Activity</b>	<b>Objective</b>	<b>Outcome</b>
<b>Grade Level Discussion</b>	Students will discover the differences in maturity levels, fears, goals, and excitements.	Students will know how to navigate through their grade level.

**10th Grade Career:**

Goal: Students will obtain career acquisition skills.

PACEW Standards:

**13.2.A.10** Interviewing Skills

**13.2.B.10** Research Skills in Searching for a Job

**13.4.A.10** Analyze Entrepreneurship as it Relates to Personal Career Goals and Corporate Opportunities

**13.4.B.10** Analyze entrepreneurship as it Relates to Personal Character Traits

<b>Activity</b>	<b>Objective</b>	<b>Outcome</b>	<b>Link</b>
<b>Resume Builder:</b>	Students will begin to create a resume.	Students will have a completed resume.	Choices360: <a href="https://www.choices360.com/Career_Planning/Get_a_Job/Resume_Builder/Resume_Builder.aspx">https://www.choices360.com/Career_Planning/Get_a_Job/Resume_Builder/Resume_Builder.aspx</a>
<b>Job Interview Practice:</b>	Students will select commonly asked questions during an interview.	Students will be able to confidently answer interview questions.	Choices360: <a href="https://www.choices360.com/Career_Planning/Get_a_Job/Job_Interview_Practice/Job_Interview_Practice.aspx">https://www.choices360.com/Career_Planning/Get_a_Job/Job_Interview_Practice/Job_Interview_Practice.aspx</a>
<b>Thank You Letter:</b>	Students will compose a thank you letter.	Students will be well versed in composing an appropriate thank you letter.	Choices360: <a href="https://www.choices360.com/Your_Portfolio/Career_Planning/Portfolio_-_Getting_Ready_for_Work.aspx">https://www.choices360.com/Your_Portfolio/Career_Planning/Portfolio_-_Getting_Ready_for_Work.aspx</a>
<b>Cover Letter:</b>	Students will compose a cover letter.	Students will be well versed in composing an appropriate cover letter.	Choices360: <a href="https://www.choices360.com/Your_Portfolio/Career_Planning/Portfolio_-_Getting_Ready_for_Work.aspx">https://www.choices360.com/Your_Portfolio/Career_Planning/Portfolio_-_Getting_Ready_for_Work.aspx</a>



## 11th Grade Career:

Goal: Students will discover career retention and advancement skills.

PACEW Standards:

**13.3.A.11** Work Habits

**13.3.B.11** Cooperation/Teamwork

**13.3.C.11** Conflict Resolution

**13.3.D.11** Budgeting

**13.3.E.11** Time Management

**13.3.G.11** Lifelong Learning

<b>Activity</b>	<b>Objective</b>	<b>Outcome</b>	<b>Link</b>
<b>Ability Profiler:</b>	Students will learn more about their strengths and how they relate to the world of work.	They will compare their abilities to the recommended abilities for a wide range of careers.	Choices360: <a href="https://www.choices360.com/Career_Planning/Learn_About_Yourself/Ability_Profiler/Ability_Profiler.aspx">https://www.choices360.com/Career_Planning/Learn_About_Yourself/Ability_Profiler/Ability_Profiler.aspx</a>
<b>Create a Career Plan:</b>	Students will use inventories to help build a career plan.	Your career plan shows what type of work and learning are going to help you create the kind of future life you want.	Choices360: <a href="https://www.choices360.com/Career_Planning/Explore_Careers/Career_Plan_Builder/Career_Plan_Builder.aspx">https://www.choices360.com/Career_Planning/Explore_Careers/Career_Plan_Builder/Career_Plan_Builder.aspx</a>
<b>Postsecondary Plan:</b>	Students will define their academic, career, and personal goals and track their action plan steps to reach their goals.	Students will have a completed post secondary plan, including college applications and college interests.	Choices360: <a href="https://www.choices360.com/Your_Portfolio/College_Planning/Portfolio_-_Postsecondary_Plans.aspx">https://www.choices360.com/Your_Portfolio/College_Planning/Portfolio_-_Postsecondary_Plans.aspx</a>
<b>PA Career Zone-Budget My Life:</b>	Students will assess their future life choices in order to plan a budget.	Students will develop a budget plan to better understand financial responsibilities.	<a href="https://www.pacareerzone.org/budget/round/1">https://www.pacareerzone.org/budget/round/1</a>
<b>O*Net Exploration-My Next Move:</b>	Students will utilize an interest survey through My Next Move to better understand careers they may be	Students will find out what their interests are and how they relate to the world of work.	<a href="https://www.mynextmove.org/explore/ip">https://www.mynextmove.org/explore/ip</a>

	interested in.		
<b>Indeed.com:</b>	Students will pick a career using inventories. They will search jobs, specific to locations based on where they want to live. They will then search through the career posting to see which skills they need to possess the job.	Career readiness.	<a href="https://www.indeed.com/">https://www.indeed.com/</a>

**12th Grade Career:**

Goal: Students will weigh the risks and rewards of their choices and solidify their character traits.

PACEW Standards:

**13.4.A.12** Risks and Rewards

**13.4.B.12** Character Traits

<b>Activity</b>	<b>Objective</b>	<b>Outcome</b>	<b>Link</b>
<b>Profile Review:</b>	Students will review each component of their college/career portfolio.	Students will have a completed college/career portfolio.	<a href="https://www.choices360.com/Your_Portfolio/Your_Profile/Your_Profile_-_Portfolio_Reviews.aspx">https://www.choices360.com/Your_Portfolio/Your_Profile/Your_Profile_-_Portfolio_Reviews.aspx</a>