

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
					What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. <ul style="list-style-type: none">- Choice of Whole Grain- Choice of Protein- Choice of Vegetable- Choice of Fruit- Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
2 Chefs Choice FEATURED VEGGIES Veggie	3 Chefs Choice FEATURED VEGGIES Veggie	4 Chefs Choice FEATURED VEGGIES Veggie	5 Chefs Choice FEATURED VEGGIES Veggie	6 	Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, chocolate, Daily Alternates Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches or Wraps
9	10	11	12	13	
16	17	18	19	20	
23	24	25	26	27	
30					
Your Team Kaitlin Hannigan, General Manager 570.675.7458 ext. 2799 ma1124@metzcorp.com			Meal Prices Student Breakfast \$2.25 Reduced Breakfast \$0.00 Faculty Breakfast \$.350		
					



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

