

Lake-Lehman Jr/Sr Lunch Menu January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
1/2/23	1/3/23	1/4/23	1/5/23	1/6/23
No School	Buffalo Chicken Dip	Pierogis	Spicy Asian Noodle Bowl	Villa Toscana Pizza
	with Tortilla Chips	Butter & Onion	with Choice of Protein	Choice of Pizza
	Served with Salsa &	or	Served with	
	Sour Cream	Chili and Cheese	Chow Mein Noodles	
	J. Clarkes Grille	J. Clarkes Grille	J. Clarkes Grille	J. Clarkes Grille
	Hamburger or	Spicy Chicken Patty	Hot Dog on a Bun	Spicy Chicken Patty
	Cheeseburger			on a Bun
	Featured Veggie:	Featured Veggie:	Featured Veggie:	Featured Veggie:
	Corn	Steamed Peas	Steamed Broccoli	Curly Fries
	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
1/9/23	1/10/23	1/11/23	1/12/23	1/13/23
BBQ Rib Patty	Walking Tacos	Pasta Bar:	General Tso's Chicken	Half Day
or	With choice of Protein	Chicken Alfredo	Served with Brown Rice	Bacon, Egg and Cheese
weet and Sour Chicken	Served with Salsa, Sour Cream	Meat Sauce		Breakfast Wrap
over Brown Rice	& Shredded Cheddar			or
				French Toast Sticks
J. Clarkes Grille	J. Clarkes Grille	J. Clarkes Grille	J. Clarkes Grille	with Sausage Patty
Chicken Patty on a Bun	Hamburger or	Spicy Chicken Patty	Hamburger or	J. Clarkes Grille
	Cheeseburger	on a Bun	Cheeseburger	Hot Dog on a Bun
Featured Veggie:	Featured Veggie:	Featured Veggie:	Featured Veggie:	Featured Veggie:
Glazed Carrots	Corn	Roasted Cauliflower	Steamed Broocoli	Tator Tots
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
1/16/23	1/17/23	1/18/23	1/19/23	1/20/23
No School	Nachos Grande	Cowboy Burger	Buffalo, Boom Boom, or BBQ	Villa Toscana Pizza
	Choice of Protein	or	Boneless Chicken Bites	Choice of Pizza
	Served with Cheese Sauce,	Rodeo Chicken Sandwich		
	Salsa, Sour Cream &	with Onion Rings, Cheddar		
	Shredded Cheddar	Cheese and BBQ Sauce		
	J. Clarkes Grille	J. Clarkes Grille	J. Clarkes Grille	J. Clarkes Grille
	Chicken Nuggets	Hot Dog on a Bun	Hamburger or	BBQ Rib Sandwich
			Cheeseburger	
	Featured Veggie:	Featured Veggie:	Featured Veggie:	Featured Veggie:
	Mixed Vegetables	Ranchero Carrots	Fries	Curly Fries
	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
1/23/23	1/24/23	1/25/23	1/26/23	1/27/23
Broccoli Cheddar Soup				
	Burrito Bowl	Texas Toast	Sloppy Joe	Villa Toscana Pizza
Or Chielen Tandara	Choice of:	Texas Toast Grilled Cheese Sandwich	Sloppy Joe on a Hawaiian Roll	Villa Toscana Pizza Choice of Pizza
Chicken Tenders				
	Choice of:			
Chicken Tenders with a Dinner Roll	Choice of: Beef or Chicken	Grilled Cheese Sandwich	on a Hawaiian Roll	Choice of Pizza
Chicken Tenders with a Dinner Roll J. Clarkes Grille	Choice of: Beef or Chicken J. Clarkes Grille	Grilled Cheese Sandwich J. Clarkes Grille	on a Hawaiian Roll J. Clarkes Grille	Choice of Pizza J. Clarkes Grille
Chicken Tenders with a Dinner Roll J. Clarkes Grille Hot Dog on a	Choice of: Beef or Chicken J. Clarkes Grille Hamburger or	Grilled Cheese Sandwich J. Clarkes Grille Hamburger or	on a Hawaiian Roll	Choice of Pizza J. Clarkes Grille Chicken Patty
Chicken Tenders with a Dinner Roll J. Clarkes Grille Hot Dog on a Bun	Choice of: Beef or Chicken J. Clarkes Grille Hamburger or Cheeseburger	Grilled Cheese Sandwich J. Clarkes Grille Hamburger or Cheeseburger	on a Hawaiian Roll J. Clarkes Grille Chicken Tenders	Choice of Pizza J. Clarkes Grille Chicken Patty on a Bun
Chicken Tenders with a Dinner Roll J. Clarkes Grille Hot Dog on a Bun Featured Veggie:	Choice of: Beef or Chicken J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie:	J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie:	on a Hawaiian Roll J. Clarkes Grille Chicken Tenders Featured Veggie:	J. Clarkes Grille Chicken Patty on a Bun Featured Veggie:
Chicken Tenders with a Dinner Roll J. Clarkes Grille Hot Dog on a Bun Featured Veggie: Green Beans	Choice of: Beef or Chicken J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Corn and Black Bean Salsa	J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Tomato Soup	on a Hawaiian Roll J. Clarkes Grille Chicken Tenders Featured Veggie: Ranch Roasted Cauliflower	J. Clarkes Grille Chicken Patty on a Bun Featured Veggie: Fries
Chicken Tenders with a Dinner Roll J. Clarkes Grille Hot Dog on a Bun Featured Veggie: Green Beans Choice of Fruit	Choice of: Beef or Chicken J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Corn and Black Bean Salsa Choice of Fruit	J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Tomato Soup Choice of Fruit	on a Hawaiian Roll J. Clarkes Grille Chicken Tenders Featured Veggie: Ranch Roasted Cauliflower Choice of Fruit	J. Clarkes Grille Chicken Patty on a Bun Featured Veggie: Fries Choice of Fruit
Chicken Tenders with a Dinner Roll J. Clarkes Grille Hot Dog on a Bun Featured Veggie: Green Beans Choice of Fruit Choice of Milk	Choice of: Beef or Chicken J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Corn and Black Bean Salsa Choice of Fruit Choice of Milk	J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Tomato Soup Choice of Fruit Choice of Milk	on a Hawaiian Roll J. Clarkes Grille Chicken Tenders Featured Veggie: Ranch Roasted Cauliflower Choice of Fruit Choice of Milk	J. Clarkes Grille Chicken Patty on a Bun Featured Veggie: Fries Choice of Fruit Choice of Milk
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USDA National School Lunch Requirements

Students are encouraged to take all 5 of the different components offered; however, it is required they take a minimum of 3 different components. One of those components must be a

fruit and/or vegetable

Whether students take 3, 4 or 5 of the components, the meal will be the same price. This allows students to build a healthy meal by selecting 3 to 5 different food groups.



Meal Prices

Student Price \$2.25 Adult Price \$3.50

VILLA TOSCANA

Pizza Options May Include:
Plain
Pepperoni
Sausage
Buffalo Chicken
White
Specialty

All options served with choice of fruit, vegetable and milk



A variety of grab & go sandwiches and salads made fresh daily. Low fat dressing available. Served with fruit & milk



Chicken Patty, Spicy Chicken Patty, Hamburger, Cheeseburger, Chicken Nuggets

> General Manager: Sarah Walsh

> > 570-255-2799

ma1124@metzcorp.com

This institution is an equal opportunity provider

*Menu subject to change due to vendor availability