

Lake-Lehman Jr/Sr Lunch Menu January 2023

Monday 1/2/23	Tuesday 1/3/23	Wednesday 1/4/23	Thursday 1/5/23	Friday 1/6/23
<u>No School</u>	Buffalo Chicken Dip with Tortilla Chips Served with Salsa & Sour Cream J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Corn Choice of Fruit Choice of Milk	Pierogis Butter & Onion or Chili and Cheese J. Clarkes Grille Spicy Chicken Patty Featured Veggie: Steamed Peas Choice of Fruit Choice of Milk	Spicy Asian Noodle Bowl with Choice of Protein Served with Chow Mein Noodles J. Clarkes Grille Hot Dog on a Bun Featured Veggie: Steamed Broccoli Choice of Fruit Choice of Milk	Villa Toscana Pizza Choice of Pizza J. Clarkes Grille Spicy Chicken Patty on a Bun Featured Veggie: Curly Fries Choice of Fruit Choice of Milk
1/9/23	1/10/23	1/11/23	1/12/23	1/13/23
BBQ Rib Patty or Sweet and Sour Chicken over Brown Rice J. Clarkes Grille Chicken Patty on a Bun Featured Veggie: Glazed Carrots Choice of Fruit Choice of Milk	Walking Tacos With choice of Protein Served with Salsa, Sour Cream & Shredded Cheddar J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Corn Choice of Fruit Choice of Milk	Pasta Bar: Chicken Alfredo Meat Sauce J. Clarkes Grille Spicy Chicken Patty on a Bun Featured Veggie: Roasted Cauliflower Choice of Fruit Choice of Milk	General Tso's Chicken Served with Brown Rice J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Steamed Broccoli Choice of Fruit Choice of Milk	Half Day Bacon, Egg and Cheese Breakfast Wrap or French Toast Sticks with Sausage Patty J. Clarkes Grille Hot Dog on a Bun Featured Veggie: Tator Tots Choice of Fruit Choice of Milk
1/16/23	1/17/23	1/18/23	1/19/23	1/20/23
<u>No School</u>	Nachos Grande Choice of Protein Served with Cheese Sauce, Salsa, Sour Cream & Shredded Cheddar J. Clarkes Grille Chicken Nuggets Featured Veggie: Mixed Vegetables Choice of Fruit Choice of Milk	Cowboy Burger or Rodeo Chicken Sandwich with Onion Rings, Cheddar Cheese and BBQ Sauce J. Clarkes Grille Hot Dog on a Bun Featured Veggie: Ranchero Carrots Choice of Fruit Choice of Milk	Buffalo, Boom Boom, or BBQ Boneless Chicken Bites J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Fries Choice of Fruit Choice of Milk	Villa Toscana Pizza Choice of Pizza J. Clarkes Grille BBQ Rib Sandwich Featured Veggie: Curly Fries Choice of Fruit Choice of Milk
1/23/23	1/24/23	1/25/23	1/26/23	1/27/23
Broccoli Cheddar Soup or Chicken Tenders with a Dinner Roll J. Clarkes Grille Hot Dog on a Bun Featured Veggie: Green Beans Choice of Fruit Choice of Milk	Burrito Bowl Choice of: Beef or Chicken J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Corn and Black Bean Salsa Choice of Fruit Choice of Milk	Texas Toast Grilled Cheese Sandwich J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Tomato Soup Choice of Fruit Choice of Milk	Sloppy Joe on a Hawaiian Roll J. Clarkes Grille Chicken Tenders Featured Veggie: Ranch Roasted Cauliflower Choice of Fruit Choice of Milk	Villa Toscana Pizza Choice of Pizza J. Clarkes Grille Chicken Patty on a Bun Featured Veggie: Fries Choice of Fruit Choice of Milk
1/30/23	1/31/23	2/1/23	2/2/23	2/3/23
Cheese Ravioli Served with a Garlic Breadstick J. Clarkes Grille Spicy Chicken Patty on a Bun Featured Veggie: Green Beans Choice of Fruit Choice of Milk	Taco Bar Choice of Protein: Choice of Flour or Corn Tortillas Served with Salsa, Sour Cream & Shredded Cheddar J. Clarkes Grille BBQ Rib Sandwich Chicken Patty on a Bun Featured Veggie: Mixed Veggies Choice of Fruit Choice of Milk	Mashed Potato Bar: Bacon & Cheddar BBQ Chicken Broccoli Cheddar J. Clarkes Grille Chicken Tenders Hot Dog on a Bun Featured Veggie: Mashed Potato Choice of Fruit Choice of Milk	Asian Sesame Chicken Over Rice J. Clarkes Grille Chicken Patty on a Bun Featured Veggie: Steamed Broccoli Choice of Fruit Choice of Milk	BBQ or Buffalo Chicken Jacked Up Fries J. Clarkes Grille Hamburger or Cheeseburger Featured Veggie: Fries Choice of Fruit Choice of Milk

USDA National School Lunch Requirements

Students are encouraged to take all 5 of the different components offered; however, it is required they take a minimum of 3 different components. One of those components must be a fruit and/or vegetable

Whether students take 3, 4 or 5 of the components, the meal will be the same price. This allows students to build a healthy meal by selecting 3 to 5 different food groups.



Meal Prices

Student Price \$2.25
Adult Price \$3.50

VILLA TOSCANA

Pizza Options May Include:

- Plain
- Pepperoni
- Sausage
- Buffalo Chicken
- White
- Specialty

All options served with choice of fruit, vegetable and milk



A variety of grab & go sandwiches and salads made fresh daily.
Low fat dressing available.
Served with fruit & milk



Chicken Patty, Spicy Chicken Patty, Hamburger, Cheeseburger, Chicken Nuggets

General Manager:
Sarah Walsh

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This institution is an equal opportunity provider

*Menu subject to change due to vendor availability



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online account payments, transaction details, menus & free and reduced applications (applications may be filled)