



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily						
3 Dutch Waffle Assorted Cereals or Cereal Bar with Graham Crackers	4 Egg and Cheese on a Bagel Assorted Cereals or Cereal Bar with Graham Crackers	5 French Toast Sticks with Syrup Assorted Cereals or Cereal Bar with Graham Crackers	6 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	7 Egg, Sausage, and Cheese Donut Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	<p>What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ¼ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Whole Grain Cereals <i>(served with graham crackers)</i> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry</p>						
10 Breakfast Pizza Bagel with egg, Cheese, and Turkey Sausage Assorted Cereals or Cereal Bar with Graham Crackers	11 Knight Griddle Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	12 Mini Chocolate Chip French Toast Assorted Cereals or Cereal Bar with Graham Crackers	13 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	14 Egg, Bacon, and Cheese on an English Muffin  Assorted Cereals or Cereal Bar with Graham Crackers							
17 No School Today 	18 Ham, Egg, and Cheese on a Biscuit Assorted Cereals or Cereal Bar with Graham Crackers	19 Waffle Sticks with Syrup Assorted Cereals or Cereal Bar with Graham Crackers	20 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	21 Egg and Cheese Croissant Assorted Cereals or Cereal Bar with Graham Crackers							
24 Breakfast Pizza Bagel with egg, Cheese, and Turkey Sausage Assorted Cereals or Cereal Bar with Graham Crackers	25 Egg and Cheese on a Bagel Assorted Cereals or Cereal Bar with Graham Crackers	26 Mini Fruit Loop Waffles Assorted Cereals or Cereal Bar with Graham Crackers	27 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	28 Egg, Bacon and Cheese on an English Muffin Assorted Cereals or Cereal Bar with Graham Crackers							
<p>Your Team Kaitlin Hannigan, General Manager 570-675-7458 ext 2799 ma0000@metzcorp.com</p>			<p>Meal Prices</p> <table> <tr> <td>Student Breakfast</td> <td>\$0.00</td> </tr> <tr> <td>Reduced Breakfast</td> <td>\$0.00</td> </tr> <tr> <td>Faculty Breakfast</td> <td>\$3.50</td> </tr> </table>			Student Breakfast	\$0.00	Reduced Breakfast	\$0.00	Faculty Breakfast	\$3.50
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

