

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free chocolate, fat-free strawberry Daily Alternates Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches & Wraps
1	2	3	4	5	
No School	Nachos Grande FEATURED VEGGIES Golden Corn	Pulled Chicken Sandwich FEATURED VEGGIES Mixed Vegetable	Cowboy Burger FEATURED VEGGIES Ranchero Carrots	Cheesy Pizza Crunchers with Marinara FEATURED VEGGIES Brussel Sprouts	
8	9	10	11	12	
Chicken Nuggets with Buttered Noodles FEATURED VEGGIES Green Beans	Beef Soft Tacos with Salsa FEATURED VEGGIES Steamed Golden Corn	Chicken Alfredo over Penne Pasta with Garlic Toast FEATURED VEGGIES Steamed Broccoli	Baked Potato Bar FEATURED VEGGIES Steamed Garden Peas	Chicken Parm Sandwich FEATURED VEGGIES Tater Tots	
15	16	17	18	19	
Stuffed Shells w/ Garlic Bread FEATURED VEGGIES Mixed Vegetables	Homemade Macaroni & Cheese FEATURED VEGGIES Stewed Tomatoes	Spicy Chicken or Beef Asian Bowl FEATURED VEGGIES Golden Corn	Dip & Dust Wings FEATURED VEGGIES Steamed Carrots	Italian Dunkers with Marinara FEATURED VEGGIES Steamed Green Beans	
22	23	24	25	26	
Crispy General Tso's Chicken over rice FEATURED VEGGIES Steamed Broccoli	French Toast Sticks w/ Sausage Patty <u>Early Dismissal</u> FEATURED VEGGIES Tri Tater Hashbrown	 Christmas Eve	 Merry Christmas	No School	
29	30	31			
No School	No School	 Happy New Year 2026			
Your Team Kaitlin Hannigan, General Manager 570.675.7458 ext. 2799 ma1124@metzcorp.com					Meal Prices Student Lunch \$2.25 Reduced Lunch \$0.00 Faculty Lunch \$4.85



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

