

# Lake-Lehman Elementary Lunch Menu March 2024

Monday 3/4/24	Tuesday 3/5/24	Wednesday 3/6/24	Thursday 3/7/24	Friday 3/8/24
Italian Dunkers with Marinara Sauce	Nachos Grande with Cheese Sauce, Salsa, Sour Cream & Shredded Cheddar	Meatball Sandwich	General Tso's Chicken with Brown Rice	French Bread Pizza
Green Beans Choice of Fruit Choice of Milk	Corn Choice of Fruit Choice of Milk	Roasted Ranch Cauliflower Choice of Fruit Choice of Milk	Steamed Broccoli Choice of Fruit Choice of Milk	Fries Choice of Fruit Choice of Milk
3/11/24	3/12/24	3/13/24	3/14/24	3/15/24
BBQ Rib Sandwich	Walking Taco with Beef	Chicken Tenders with a Dinner Roll	Grilled Cheese Sandwich	Home-Made Cheese or Pepperoni Pizza
Ranchero Carrots Choice of Fruit Choice of Milk	Corn Choice of Fruit Choice of Milk	Mashed Potatoes Choice of Fruit Choice of Milk	Tomato Soup Choice of Fruit Choice of Milk	Fries Choice of Fruit Choice of Milk
3/18/24	3/19/24	3/20/24	3/21/24	3/22/24
Corn Dog Nuggets with a Dinner Roll	Chicken Quesadilla with Salsa & Sour Cream	Scratch-Made Macaroni & Cheese with a Dinner Roll	<b>Half Day</b> French Toast Sticks Sausage Patty Syrup	<b>No School</b>
Glazed Carrots Choice of Fruit Choice of Milk	Corn Choice of Fruit Choice of Milk	Green Beans Choice of Fruit Choice of Milk	Potato Triangles Choice of Fruit Choice of Milk	
3/25/24	3/26/24	3/27/24	3/28/24	3/29/24
Asian Sesame Chicken over Brown Rice	Soft Shell Tacos Salsa, Shredded Cheddar & Sour Cream or Fish Tacos	<b>Half Day</b> Ham, Egg and Cheese on a Crossiant	<b>No School</b>	<b>No School</b>
Steamed Broccoli Choice of Fruit Choice of Milk	Corn Choice of Fruit Choice of Milk	Tator Tots Choice of Fruit Choice of Milk		
4/1/24	4/2/24	4/3/24	4/4/24	4/5/24
<b>No School</b>	Hard Shell Tacos Salsa, Shredded Cheddar & Sour Cream	Meatball Sandwich	Chicken Tenders with a Dinner Roll	Stuffed Crust Pizza
	Corn Choice of Fruit Choice of Milk	Green Beans Choice of Fruit Choice of Milk	Mashed Potatoes Choice of Fruit Choice of Milk	Fries Choice of Fruit Choice of Milk



MENU SUBJECT TO CHANGE DUE TO VENDOR AVAILABILITY



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online account payments, transactions details,  
menus & free and reduced applications (can be  
submitted any time during the school year)

USDA is an equal opportunity  
provider and employer

go to [www.lakelehmanmetz.com](http://www.lakelehmanmetz.com) for  
printable menus, what makes a meal, nutrition  
information and more

## USDA National School Lunch Requirements

Students are encouraged to take  
all 5 of the different components offered;  
however, it is required they take  
at least 3 different components.  
One of those components must be a  
fruit and/or a vegetable

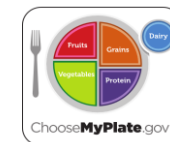
Whether students take 3, 4, or 5  
of the components, the meal is the same price

This allows them to build a healthy meal  
by selecting 3 to 5 different food groups

**Step 1:** Choose 1/2 cup of fruit and/or vegetable



**Step 2:** Choose at least 2 other components  
and up to 3:



## Other Daily Entree Options May Include:

Italian Hoagie  
Club Sandwich on Whole Wheat  
Ham & Cheese Hoagie  
Ham & Cheese on Whole Wheat  
Turkey & Cheese on Whole Wheat  
Turkey, Ham & Cheese Croissant  
Peanut Butter & Jelly with String Cheese  
Tuna Salad on Whole Wheat  
Chef Salad with a Dinner Roll

## Meal Prices

Student Meal \$2.15  
Adult Meal \$3.50

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